



## TWO TO ONE

### Premarital Mentor Volunteers

Do you have a heart and passion for marriage and a willingness to teach and guide other soon-to-be-married couples?

*“For this reason a man will leave his father and mother and be united to his wife, and they will become one.”*  
- Genesis 2:24 (NIV)

Are you interested in directly impacting a future marriage's journey toward fulfillment and success? LCC Premarital Mentors have the opportunity to do just that! If you have an interest in serving God and others in this way, here is a bit of information.

### Purpose Statement

*Two to One* premarital mentoring exists to adequately prepare couples who are engaged or seriously considering marriage for developing a Christ-centered, meaningful and healthy marriage that will last a lifetime.

### Benefits

- Serve others by allowing God to use their talents, life experience, and healthy (not perfect) marriage.
- The opportunity to teach, coach, model, encourage, and support premarital couples who are either exploring marriage, or have made the decision to be married.
- Strengthen your own marriage by learning new skills and focusing on growth areas.
- Training that includes a marriage assessment and consultation with a trained *Prepare / Enrich* facilitator.
- The joy of watching a couple's relationship grow more healthy. Research has demonstrated that a good premarital program can help a couple get their marriage off to a better start.

### Training

Training will be conducted by experienced facilitators and will include six to eight sessions (one hour each) centered on your own personal *Prepare / Enrich* assessments. This is a great opportunity to learn and grow both as a couple, and as mentors, while experiencing how you will be guiding your premarital “client” couples. *Prepare / Enrich* is a customized couple assessment completed online that identifies a couple's strengths and growth areas. It is one of the most widely used programs for premarital mentoring and education. Based on a couple's assessment results, you will help them discuss and understand their results. Your training will include learning to identify specific warning signs and issues indicating that an individual or couple should be referred to a Licensed Mental Health Professional. Additional training will be offered once or twice per year and will be specific to a given topic or concerns expressed by LCC coaches, staff, or ministry leaders.

## Duties & Expectations

All *Two to One* mentors must be members of LCC, agree to attend training as a couple and “apprentice” under a ministry leader while observing a premarital couple going through the program. Upon satisfactory completion of the apprenticeship, LCC mentors will be assigned two to three premarital couples per year to coach for six to eight weekly sessions. As a coach couple, you may be devoting the time required for up to 20 to 25 meetings per year, plus additional time for phone calls, emails, administration, preparation, and training. Ministry leaders will be available to help, support, and guide mentors as needed. Mentors will be responsible for coordination all meetings and contact with their assigned couples. Mentors will refer individuals or couples to a Licensed Mental Health Professional when they suspect that more serious issues are present. Mentors will attend all training events offered. Mentor couples will agree to safeguard their own marriages and continue to grow as a couple and as individuals, keeping Christ at the center of their lives. Mentors will model, in word and deed, what a healthy, fulfilling marriage looks like to their “client” couples.

## Costs

Training materials and assessment for the *Prepare / Enrich* training will cost approximately \$170 per mentor couple. LCC will pay \$100 of this cost for each, and the remaining \$70 per couple will be paid by the mentor couple-in-training.

If you have specific questions, please contact Jack Hardy at (913) 748-9871 or [jhardycounselor@gmail.com](mailto:jhardycounselor@gmail.com).